# **Theddlethorpe Acacdemy**

### Safeguarding Update

#### WHO TO CONTACT IF YOU HAVE A CONCERN ABOUT A CHILD.

If you are worried about a child's safety, please do not hesitate to contact any of the Designated Safeguarding Leads straight away.

The following members of staff are Designated Safeguarding Leads for Theddlethorpe Primary School:

- Mrs Cook (DSL)
- Mrs Bull

They can be contacted via the school office, or by telephone on 01507 353 458.

For a copy of our school's Child Protection and Safeguarding Policy and Procedures please visit the 'Key Policies' page on our school website Dear Parents and Carers

We believe that one of the best ways to safeguard children is to equip them with the knowledge and skills to be able to keep themselves safe. Safeguarding themes are interwoven throughout our curriculum and the opportunities we offer in school. Some examples include:

- Our 'Values' assemblies which are delivered to all children from EYFS to Y6
- Online Safety lessons every ½ term with age-appropriate videos
- Online safety discussions within computing and other relevant lessons
- Involvement in Anti-Bullying Week and Mental Health Awareness Week
- Relationships, Sex & Health Education (RSHE) lessons
- Personal, Social, Health and Citizenship Education (PSHCE) lessons
- Our OPAL playtime project

Mrs Cook, Principal / Designated Safeguarding Lead

Don't forget to also download the free National Online Safety App which can help you keep up-to-date with new developments in keeping your child/ren safe.



## You may be looking for activities to do with your child.

Google and Parent Zone have produced some great resources that are free to download.

They include a mix of online and offline activities, such as asking them to create a poster to show what they would do if they were worried about something they see online.

You can access all the resources here: https://www.parents.parentzone.org.uk/d ownload

#### How to Discuss Your Child's Online Activities with Them.

Talking to your child about their internet use is crucial in understanding what they view online. Start by sitting with them while they use their device and ask them to show you what they're doing. Using phrases like "I'm a little concerned about this app" as a way to communicate that you are interested in their safety. Additionally, asking if they have encountered anything negative will encourage them to come to you if they have any concerns. Regularly discussing this issue will keep the conversation open and ongoing.

## Term 4: 2023/24

### **Online etiquette**

- 1) Only invite people into the group if current users agree to it
- 2) If you do not want to have contact with another user, leave the group
- 3) If you are unhappy with something taking place in the group, speak to a trusted adult. You may want to consider leaving the group
- 4) Never post your own or anyone else's personal information, even if you think you know everyone in the group
- 5) A good rule to stick to- only post or say things in a group chat that you would be happy for your parents to see.

### Good to know - Reminder

**Facebook (minimum age 13)** – lets users create their own profiles, share status updates, pictures, videos and chat with other users and also has a messenger app.

Instagram (minimum age 13) – allows users to alter photos, upload them and share to other social networking sites. Photos and videos can be sent directly to specific users.

**Snapchat (minimum age 13)** – a photo-sharing app where users can send photos or videos to their friends. These will display on screen for up to ten seconds before being deleted, although it is possible to take screenshots of messages and download other apps designed to capture and save Snapchat content.

**TikTok (minimum age 13)** – TikTok users can make their own short videos on the mobile app and often like to have music accompany these. The users have creative control over the videos. Other TikTok users can 'react' to videos they see by filming their responses alongside the original video, or 'duet' by making a video alongside another video.

**Twitter (minimum age 13)** – a social network that lets users send and read 'Tweets': messages limited to 280 characters.

**Tumblr (minimum age 16)** – a social networking site where users can post blogs and follow other people's blogs. Some of the content on this site includes sexual and/or pornographic images.

WhatsApp (minimum age 16) – a free-of-charge, real-time messaging service. Users can share images and videos, take part in 'group chats' and share locations. As it's based on knowing the user's phone number, you can only message users if you already have this information.

YouTube (minimum age 16) – allows users to watch, create and comment on videos. The dislike button can create insecurities with content posted even if comments are turned off for the video.

#### How do the children raise any concerns?

All classes have 'Worry' boxes. We check these regularly and discuss any issues with the children. so that they know they are being listened to and their concerns are being taken seriously.

Three mornings a week, at breaktime, we have 'Chat and Chill' which is open to all pupils to go and share their thoughts with Mrs Birt. All children can go and speak to is everyone's any adult in the academy.

Keeping children safe responsibility